

**Nipro Seas** is a multivitamin syrup with cod-liver oil. It contains 8 vitamins and fatty acid (known as cod-liver oil). This combination gives extra protection to children and gives some beneficial effect like:

- -Helps to stimulate appetite and improve digestion
- -Promotes healthy hair, skin & nails
- -Helps in good vision, strong bones & healthy teeth
- -Increases the resistance against cough, cold, chest and bronchial troubles
- -Helps to maintain healthy muscles and nervous system
- -Helps to optimize brain development

Cod-liver oil is composed of vitamin A, D, EPA and DHA. Both EPA & DHA are omega-3 fatty acids. These omega-3 fatty acids keep blood triglycerides in check (high triglycerides are generally linked with increased risk of heart diseases) and may inhibit the progression of atherosclerosis. They also have anti-inflammatory activity; as a result they are also helpful in Crohn's disease and rheumatoid arthritis. It has been also found that omega- 3 fatty acids are needed for prostaglandin formation. Probably as a result of their effect on prostaglandin they are responsible for blood vessel dilation. A double blind trial found that omega- 3 fatty acids helped to treat patient with Raynaud's disease. It has been also found that EPA & DHA have some preventive role in cancer and prevent cardiac arrhythmia.

#### **COMPOSITION**

Each 5 ml syrup contains

Each 5 mi Syrup Contains		
Vitamin A (as Retinol Propionate BP)	2000	IU
Vitamin B1 (as Thiamine Hydrochloride BP)	0.70	mg
Vitamin B2 (as Riboflavin Sodium Phosphate BP)	0.85	mg
Vitamin B6 (as Pyridoxin Hydrochloride BP)	0.35	mg
Vitamin C (as Ascorbic Acid BP & Sodium Ascorbate BP)	17.50	mg
Vitamin D (as Cholecalciferol BP)	200	IU
Vitamin E (as dl- a Tocopheryl Acetate BP)	1.50	mg
Nicotinamide BP	9.00	mg
Cod-Liver Oil BP	100.00	mg

#### INDICATION

- -It is indicated for growing children. It helps in development and proper functioning of their vital organs.
- -It helps to prevent vitamin deficiency and restore lost vitality after illness, in case of lack of appetite or tiredness of growing children.
- -It also increases immunity and helps to maintain healthy skin, hair, nail, teeth, bone, eye and nervous system.
- -In adults it helps to treat and prevent chronic diseases like heart diseases, rheumatoid arthritis, COPD, cancer etc.
- -In pregnant and nursing mothers it helps in proper development of the baby.

### **DOSAGE AND ADMINISTRATION**

Category	Age	Doses
	1-12 Months	2.5 ml (½ Teaspoonfuls) daily
Children	1-4 Years	5 ml (1 Teaspoonfuls) daily
	4 years up	7.5 ml (1½ Teaspoonfuls) daily
Adult		10 ml (2 Teaspoonfuls) daily

Nipro Seas syrup can be taken with water or milk.

#### SIDE EFFECT

Generally well tolerated. However, a few allergic reactions may be seen.

## CONTRAINDICATION

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

#### **PRECAUTION**

This medicine may accumulate in the body, which may cause danger. So, over dose is prohibited or the physicians should adjust doses.

## **DRUG INTERACTION**

Some drug interaction may occur with Erythromycin, Conjugated estrogens, Sodium bicarbonate, Chloramphenicol etc.

## **USE IN PREGNANCY & LACTATION**

Should be taken on physician's advice.

# STORAGE CONDITION

keep in a dry place away from light and heat. Keep out of the reach of children.

## HOW SUPPLIED

Nipro Seas 100 ml: Each amber PET bottle contains 100 ml syrup. Nipro Seas 200 ml: Each amber PET bottle contains 200 ml syrup.



Manufactured by: